Our Mission: Enriching Lives and Minds by Focusing on Strengths and Well-Being

• Trauma Informed Care Design - Sanderson Apartments
• How was the need identified?
  ➢ MHCD participated in the National Council's Trauma Informed Care education program.
  ➢ Agency wide support is vital when working towards a Trauma Informed build.
Who We are Serving

- People living with mental illness
- Substance use dependency
- Behavioral health issues
- Chronic physical illnesses and injuries
- Histories of trauma
- Participants of Denver’s Social Impact Bond program - frequent utilizer’s of emergency services
- Male and female residents
- Averaging 20-60 years of age
We believe an essential step in achieving recovery and well-being is having a safe place to call home.

- Operate and/or own
  - 14 licensed residential treatment facilities
  - 8 apartment buildings

- Sanderson Apartments in southwest Denver
  - 60 1 bedroom apartment homes
  - Trauma informed design
  - 50/50 ratio of living space to “engagement space”
  - Robust supportive services available
  - Opened August 2017

- Good Neighbor Philosophy- Strive to be part of the neighborhood
Mental Health Center of Denver’s Supportive Housing Goals

To provide Denver residents who are homeless with safe, affordable, trauma-informed designed housing and the ability to live independently by providing supportive services to address underlying issues

- Housing First Model
- Trauma-informed care model of delivering services and designing buildings
- Indoor & outdoor space for residents and community
- Part of larger community
- Provide variety of supportive services on-site which may include:
  - Access to full array of clinical services dependent upon individual needs
  - Building independent living skills
  - Assistance with connecting to health care, treatment and employment services
- Safety Officers on site 24/7
Trauma Informed Design

• Friendly employees in lobby
• Open, airy-few walls as possible
• Durable, but soothing and peaceful
• Secure & safe, but appears “barrier free”
• Promotes well-being, but accommodates smoking
• Encourage informal and formal socialization
Apartment Units